

Peace be with you; peace perfect you; peace bring you
peace that you may multiply peace.

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Well, good friends, we are happily met again. The American Occultist bravely makes its second appearance, very much encouraged by the reception accorded the first number.

It is our belief, that at this time, a perfect understanding by our readers of the plan and full scope of our paper is essential and can have but one effect, and that a most desirable one. We are attempting, through these pages to instruct, of course, but primarily to supply inspiration that will reduce the depth of the diminuendo curve in the cycle of your feelings; thereby maintaining the life giving buoyancy of each reader at a permanently constant level.

Inspiration, the vision of the Beautiful by which he creates his work of art to the artist; the vision of Truth, the illumination of the mind, in which he sees things as they are to the philosopher. It is the spark of hope, constantly acquiring a deeper and deeper glow, that urges each one of us to carry on.

In order to do its work most effectively, the American Occultist is to be mailed to reach you by Monday of each week. Throughout its history, it will constitute a graded discussion of metaphysical law. Never at any time will it interfere with your other studies, but, on the other hand, you will find it to be complete unto itself if you wish.

Each paper is definitely and individually keyed to some single necessary phase in the development and spiritual unfoldment of the student. Simplicity is the guidepost. From beginning to end each paper constitutes one complete, essentially important message. We adjure you to consider the importance of unity, coherence and emphasis in the delivery of the written message as one reason why you will find this Weekly Service an ever present illumination and a constant spur.

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Twenty five cents a copy. One dollar a month.

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WHAT OTHERS ARE THINKING

Everyone, the world over, as never before is turning from the outer or objective life to the inner or subjective. The outer is an appearance; the inner alone contains the reality. Ah! But you say you have heard that so many times before? No matter. It is the one grand truth, overshadowing all others in importance, for you must recognize it as a living truth before you are ready for the first step along the path. If you would have health, think health; if you would have abundance, think abundance. If you find it difficult to think health and abundance in the presence of apparent contradiction, then, you must learn to reverse the evidence of the senses. When, as you will, you find yourself particularly insistent after proof, hearken to Tennyson:

Strong Son of God, immortal Love,
Whom we, that have not seen thy face,
By faith and faith alone, embrace,
Believing where we cannot prove;

The artist, the philosopher, the inventor, the scientist, each and all must have faith, and the greater the faith the greater the accomplishment.

On every hand we see evidence of the great concern being given to the study of the spiritual life. In an interview appearing in the Chicago Tribune for May 25, Prof. Arthur H. Compton of the physics department of the University of Chicago, for fifteen years experimentalist in X-ray diffraction, says:

"The new physics admits the possibility of mind acting on matter and suggests that the thoughts of men are perhaps the most important things in the world.

"It was Steinmetz who said that the most important work for scientists during the next fifty years would be concerned with spiritual things.

"The new physics does not suggest a solution of how mind acts on matter. It does definitely, however, admit the possibility of such an action and suggests where such action may take effect.

"If in the world scheme conscious life is the thing of primary importance, what is happening on our earth is thus of great cosmic significance, and the thoughts of man, which have come to control to so great an extent the development of life upon this planet, are perhaps the most important things.

"While on the mechanistic view the mind cannot

survive the brain the evidence seems against this view, and no congenent reason remains for supposing that the soul dies with the body."

There you have the statement of a prominent experimental scientist speaking through the medium of the daily press, and it reads as quoted from a metaphysical lecture. It cannot but be inspiring to the occult student to have this confirmation of the truths he and his kind have cherished for ever.

LOVE IS THE RYTHM OF LIFE.

Love is the rythm of life and of power.
Love is the source of our life every hour;
Love is the life of the bird and the flower,
For love is the 'rythm of life.

Love is the source of form and of light.
Love is the star that shines in the night;
Love is the sun that pours forth its might,
For love is the rythm of life.

Love is the moon that shineth afar.
Love is the light in the most distant star;
Love is the warning we see on the bar,
For love is the rythm of life.

Love is the scent in the heart of the flower.
Love is the breath which we breath every hour;
Love is our home, our peace and our bower;
For love is the rythm of life.

THOUGHT - IT'S LAW AND ACTIVITY.

A Study By Veritas

In the consideration of thought and its manifestation, we are not dealing with ideas, beliefs or opinions; rather are we studying LAW - ABSOLUTE, IMMUTABLE and yet BENEFICENT. It is the LAW that controls the energy through which form is brought into manifestation.

Let us meditate upon this fact until it is spontaneously affirmed by our consciousness. Then, we shall at once see the necessity for becoming seriously attentive to the control of our thinking faculty. There is nothing in life that will pay us more interest, on the investment of time and energy, than attention to the kind of thinking we are doing in our waking state.

Unless we definitely will otherwise, we are thinking during every moment of eternity. What a myriad of grotesque, unrelated thoughts trail in meaningless procession through the unguarded mind. Stand outside yourself for an instant. Watch your random thoughts on parade. Then, be not dismayed if these vagabond thoughts appall you; instead be encouraged to know that through your own conscious will, you can think when and what you please. This is active, controlled thinking as opposed to negative, aimless submission to unrelated thoughts which besedge the unwary in a never ending, kaleidoscopic array.

To most people, it is at first a very difficult matter to stop thinking. There are some who even say that it is not possible; but, nevertheless, it is just as possible of accomplishment as to stop eating or talking, and the result in the one case is quite as solubrious as in the other. If we can stop thinking for an instant, we can stop for an hour. It is but a matter of practice. By your will, you can consciously turn on or off the electric light switch in your home, and then stop the flow of current over the wire into the light bulb. You can just as surely turn off your thinking as you can the light in your home.

When you have succeeded in shutting off all thought for even as short a time as thirty seconds, you will feel such peace as no words can describe. This exercise will give your mental body a much needed rest. Even the smallest effort at conscious direction of this current of energy, will repay you abundantly.

Each one of us has, in some moment of abstraction, sat staring into space and can recall, at will, the very comfortable feeling of such an instant. One receives the same sensation when watching a very calm body of water in the early twilight. With a little practice, we can enter this state at will and so still the current of thought to which the body is constantly being subjected.

This will begin to give one the sense of governing the amount of energy and the quality of thought that is playing through him during every waking moment.

Through attention on thought, we can definitely determine the kind or quality of action we wish to manifest in our lives and affairs. Anything that can hold our attention forces us, at that moment, to pour out energy through our thought, into that thing, feeding it, and thus keeping it alive in our experience. Realizing this, we know that we can just as easily starve out thoughts of imperfection as to feed them.

This all does take practice; but the results to be obtained are so tremendously worth the effort. We shall be delightfully surprised at the change in our feelings accompanying the change in our thought.

How unhappy and irritated we become when we allow ourselves to think over some past experience of unpleasant memory. We can just as surely make our feelings respond to harmony and joy as to the reverse. If then, we definitely will to keep our attention on mental associations that make us think of things that make us happy, how can we possibly be unhappy.

Every physician well knows that inharmony in thought, and hence of necessity in the feelings, changes the chemical combination of the secretions of the stomach. Anger poisons the blood. That is nothing new to either the physician or the metaphysician. If this be true, does it not follow that the action of the opposite feeling of peace, harmony, love and kindness must produce health and success in our lives and affairs? Harmony is the law of life, and the maintenance of form. Through the control of thought, harmony in the feelings is produced. Therefore, by the conscious direction and control of our attention, our thought is prevented from pouring its life energy into that which we do not wish to manifest.

Man has been told that he was created and given dominion over all the earth and everything therein. Through the control of his thought does man come into this heritage. He is the pilot of the ship. His attention is his wheel. His thought is his rudder, the energy of his feelings is the engine in his ship.

Thus it is perfectly possible for man to set his compass, his will, to the port he wants to reach, and if he will really be the captain he was in the beginning created, he will not steer his course into sand bars and fogs, and then blame his failure to reach port on the weather or storms or something else outside himself. Instead, having set a true course, and being cognizant of the dangers along the way, he will consciously avoid all mishap and so reach his predetermined destination in safety.

The human being never lived in this world that did not build all he has experienced or opened himself to that experience through his thought. Again, there is nothing in this universe

that can control our thought if we forbid. We are not now, never were, and never will be the footballs of fate, unless we refuse to do our own thinking. If we will not think for ourselves, rest assured then that our experiences can never contain that which will be harmonious for us; because, our very ability to think is our passport to harmonious manifestation in whatever phase of life we are functioning.

Tons and tons of literature have been written on thought and its various manifestations; but, it still remains the fundamental power to make humanity manifest the PERFECTION WHICH THE SUPREME ARCHITECT OF THE UNIVERSE HAS DESIGNED FOR EVERY ONE OF HIS CHILDREN.

Guard your thought as cobras guard old ruins. Think perfection where imperfection seems to be, and remember, as long as you have consciousness, whatever you think about any other human being in existence, will manifest into and through you and into your affairs, - for humanity is not many as it appears on the surface. It is ONE and you have just one obligation in the cosmic scheme, and that obligation is to radiate and to manifest PERFECTION TO EVERY THING ELSE IN CREATION.

For summary, we invite you to know now and for all time that herein is the Truth; it is LAW, COSMIC, IMMUTABLE, BENEFICENT to you and to all that is, in manifestation.

Suggested Reading

"OVERCOMING THE PULL-BACKS."

by

Vaidianathan

Price \$1.50

"Overcoming the Pull-Backs" contains some exceptionally well balanced explanations of the difficulties we all experience, from time to time, and in every walk of life. It shows us why, having certain qualities for success, we sometimes fall short of success because we do not pay attention to or we are unaware of the importance of the one thing that is lacking for our perfect expression.

Throughout the entire book, the author gives us a balance of the principles of the spiritual, psychological, and material to be used in the accomplishment of whatever we undertake: The more one reads, the more self-evident becomes the author's reasoning. He asks us only to apply those principles whose reactions are constructive. It is impossible to manifest an inharmonious result from doing as he suggests, and

if we follow his applications, we are bound to manifest more of the good things of life.

This is one of the volumes which everyone should keep and read every few months, or whenever any particular problem seems to resist solution. It can be read with benefit every time one feels discouraged or overwhelmed by circumstances, and will make one realize that there is a right and harmonious way out of every problem. If we seek sincerely enough, we are bound to find the way, and in finding apply it to our own and everyone's else happiness.

This book is full of that very rare commodity, good common sense. If the principles elaborated upon are seriously applied, the application will help everyone who reads it to a better and happier existence.

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Our bibliography of metaphysical books is particularly complete. You are invited to use our list to locate any text in which you may be interested. We shall be happy to furnish a special review of any book requested.

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At the very end of this paper is the appropriate place for one rather old, rather simple, though tremendously important thought. It is this:

"Knowledge is useless unless it is used."